

UP TO
67% OFF
ALL PRODUCTS

Your Healthy Habits Monthly Picks

Top Recommended Products to Build Up Your Immunity!



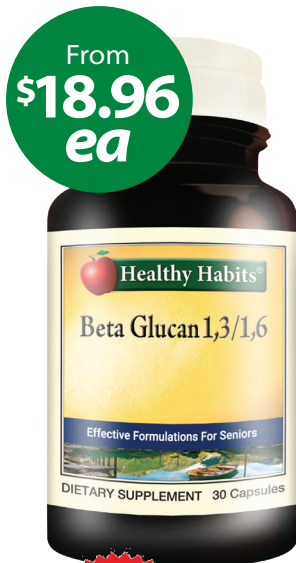
365 DAY SATISFACTION GUARANTEE: Take 365 days to evaluate our products with “No-Rush”. Simply call us to request your “No-Hassle Refund” within 90 days or full store credit after 90 days.

Beta Glucan 1,3/1,6

Immune System Strength Like Never Before

Beta Glucan 1,3/1,6 — is a powerful immune modulator; in fact, it is one of the safest and most impressive allies in regaining healthy immune function (that is also safe for those with autoimmune issues). This natural source of polysaccharides is shown in hundreds of studies to be highly effective for both immunodeficiency problems and autoimmune disorders. The Beta Glucan particles travel throughout the body helping create more macrophages to surround and destroy invaders.

Beta Glucans have such precise effects that the type used must fit like a key in a lock. The quality and sources of Beta Glucan vary widely, and studies show that you'll benefit most from choosing one made from baker's yeast extract (*saccharomyces cerevisiae*).



From
\$18.96 ea



| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1035-12 | 12 Bottles | \$413.64 | \$227.50 | \$18.96 ea | 2280 |
| 1035-6 | 6 Bottles | \$248.18 | \$136.50 | \$22.75 ea | 1370 |
| 1035-3 | 3 Bottles | \$137.88 | \$75.83 | \$25.28 ea | 760 |
| 1035-1 | 1 Bottle | \$68.94 | \$37.92 | \$37.92 ea | 380 |

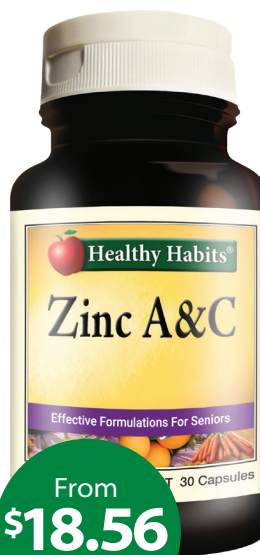
Zinc A&C

Nutritionally Support The Immune System

The nutrients in Zinc A & C are known to be important to maintaining good health. One daily capsule delivers an ideal dose of some of the most essential nutrients for maintaining strong immunity, supporting healthy lungs and much more. This customer favorite was precision-designed to deliver the optimal forms and combination of vitamins and minerals to support protection against health challenges such as viruses. For best assimilation zinc supplements should not be taken with calcium or iron supplements; take it at a different time of day.

This powerful combination includes:

- **Vitamin C**
- **Zinc Glycinate**
- **Vitamin A as Beta Carotene**
- **Copper**
- **Vitamin B-6**
- **Lemon Bioflavonoids**



From
\$18.56 ea

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1200-12 | 12 Bottles | \$405.00 | \$222.75 | \$18.56 ea | 2230 |
| 1200-6 | 6 Bottles | \$243.00 | \$133.65 | \$22.28 ea | 1340 |
| 1200-3 | 3 Bottles | \$135.00 | \$74.25 | \$24.75 ea | 750 |
| 1200-1 | 1 Bottle | \$67.50 | \$37.13 | \$37.13 ea | 380 |

“Zinc A and C is a supplement I have been taking daily for several years. I live a healthy lifestyle but I attribute my not catching colds, especially during flu season, to this wonderful product.” -Helen N., Hawaii

Silver Defense

Say Goodbye to Skeptics

Our Silver Defense formulation is an ultra-premium, nano (molecule sized) silver backed by multiple patents and hundreds of independent safety and efficacy studies. This “silver sol” form of silver has been demonstrated in multiple studies to be more effective than ionic or colloidal forms of silver.

Boost Immunity

Silver Defense liquid can be safely ingested and added to room humidifiers, inhalers and misters. Silver doesn't “poison” viruses, so a virus can't mutate to become resistant to the power of silver. Instead, nano-silver is a safe, natural substance that attaches itself to pathogenic microorganisms and stops them in their tracks by smothering them. Silver Defense doesn't harm your beneficial probiotic bacteria, and there is no risk of nano-silver turning your skin blue because it doesn't accumulate in the body. Order Silver Defense 8 oz. liquid & topical Gel today so you have it handy when you need it.

More than 100 Laboratory Tests Prove That Nano-Silver:

- **10 PPM of silver**
- **Safe, non-toxic, no adverse effects or contraindications**
- **Does not interfere with beneficial intestinal flora**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|--------------------|-------------|----------|-----------------|-------------------|------------|
| 8 oz Liquid | | | | | |
| 1284-12 | 12 Bottles | \$379.50 | \$208.73 | \$17.39 ea | 2090 |
| 1284-6 | 6 Bottles | \$227.70 | \$125.24 | \$20.87 ea | 1260 |
| 1284-3 | 3 Bottles | \$126.50 | \$69.58 | \$23.19 ea | 700 |
| 1284-1 | 1 Bottle | \$63.25 | \$34.79 | \$34.79 ea | 350 |
| 1.5 oz Gel | | | | | |
| 1285-12 | 12 Tubes | \$323.70 | \$178.04 | \$14.84 ea | 1790 |
| 1285-6 | 6 Tubes | \$194.22 | \$106.82 | \$17.80 ea | 1070 |
| 1285-3 | 3 Tubes | \$107.90 | \$59.35 | \$19.78 ea | 600 |
| 1285-1 | 1 Tube | \$53.95 | \$29.67 | \$29.67 ea | 300 |

PureFect Sleep Soft Chews

Enjoy Uninterrupted Peaceful Sleep

Melatonin supplementation offers multiple health benefits. It's not just for sleeping anymore. Beyond its role in resetting your body's circadian rhythm & supporting better sleep, melatonin has powerful anti-inflammatory & antioxidant properties. It's also involved with regulating blood pressure, immune function, & body temperature. This formula assists with quieting an overactive mind, vision and eye health, tinnitus quieting, nicotine withdrawal and heartburn. These soft chews are delicious too! Each peice provides 1 mg of melatonin. 1-5 soft chews are effective for most people.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 6002-12 | 12 Bottles | \$344.64 | \$189.55 | \$15.80 ea | 1900 |
| 6002-6 | 6 Bottles | \$206.78 | \$113.73 | \$18.96 ea | 1140 |
| 6002-3 | 3 Bottles | \$114.88 | \$63.18 | \$21.06 ea | 630 |
| 6002-1 | 1 Bottle | \$57.44 | \$31.59 | \$31.59 ea | 320 |



From
\$14.84 ea



From
\$15.80 ea



Caution: Avoid melatonin if you take corticosteroids or blood thinners. Avoid taking with alcohol

Healthy Skin

Rejuv Crème with DermaTox® & Plant Stem Cell Technology

Healthy Aging Skin Care Formula

This best-seller nourishes, protects and deeply hydrates skin. We've combined the soothing power of DermaTox® with the anti-aging benefits of plant stem cells to create our unique formula designed to diminish the appearance of wrinkles, fine lines and age spots. Your friends will be asking you what you've been doing to look so much younger. Comparable formulas sell for as much \$150.00 per ounce. Does Not contain sodium laurel sulfate, parabens, or propylene glycol.

This formula Has It All! You Get Powerful:

- Stem Cell Rejuvenators
- Anti-aging Resistem™
- Sodium Hyaluronate & NaPCA
- Organic Super-fruit Extracts
- DMAE & Alpha Lipoic Acid
- Organic botanical extracts & plant oils

Apply it after cleansing your face at night and again in the morning to enjoy better nourished, hydrated, and rejuvenated skin. For best results, apply following **Rejuv Vitamin C Serum** in the morning and **Rejuv Retinol Complex** at night.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 0139-12 | 12 Bottles | \$344.64 | \$189.55 | \$15.80 ea | 1900 |
| 0139-6 | 6 Bottles | \$206.78 | \$113.73 | \$18.96 ea | 1140 |
| 0139-3 | 3 Bottles | \$114.88 | \$63.18 | \$21.06 ea | 640 |
| 0139-1 | 1 Bottle | \$57.44 | \$31.59 | \$31.59 ea | 320 |



From
\$15.80
ea



Rejuv Retinol Complex

For Smoother, Firmer & More Radiant Skin

A "must-have" to achieve and maintain healthy, young-looking skin. We recommend daily use of Rejuv Retinol Complex skin cream as the most effective way to improve the appearance & overall health of your complexion. Dermatologists agree that Retinol boosts collagen & elastin, speeds up cellular turnover, smooths the complexion & much more! For best results, apply before **Rejuv Crème with Plant Stems Cells** at night.

Proven Benefits Include:

- Erases age spots
- Boosts skins elasticity
- Reverses signs of aging
- Improves skin tone
- Reduces wrinkle depth
- Prevents wrinkle formation

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|--------|-------------|----------|-----------------|-------------------|------------|
| 153-12 | 12 Bottles | \$587.70 | \$323.24 | \$26.94 ea | 3240 |
| 153-6 | 6 Bottles | \$352.62 | \$193.94 | \$32.32 ea | 1940 |
| 153-3 | 3 Bottles | \$195.90 | \$107.75 | \$35.92 ea | 1080 |
| 153-1 | 1 Bottle | \$97.95 | \$53.87 | \$53.87 ea | 540 |



From
\$26.94
ea

DermaTox® Maximum Strength

Let The Crystals Work For You

If you are looking for something unique in the world of skin care, check out DermaTox®, "The Pink Stuff." Exclusive to Healthy Habits®, this extraordinary formula possesses incredible abilities to naturally reinvigorate and rejuvenate skin cells. The DermaTox® manufacturing process is complicated, proprietary and proven over decades to be uniquely effective.

Our Customers tell us that they use DermaTox® daily to nourish and soothe their skin to keep it looking and feeling younger.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|------------------------------------|--------------|----------|-----------------|-------------------|------------|
| DermaTox® Combo Pack | | | | | |
| 2400 | Combo | \$179.95 | \$82.47 | \$82.47 ea | 830 |
| DermaTox® 4oz Spray | | | | | |
| 2020-12 | 12 Sprays | \$227.28 | \$125.00 | \$10.42 ea | 1250 |
| 2020-6 | 6 Sprays | \$136.37 | \$75.00 | \$12.50 ea | 750 |
| 2020-3 | 3 Sprays | \$75.76 | \$41.67 | \$13.89 ea | 420 |
| 2020-1 | 1 Spray | \$37.88 | \$20.83 | \$20.83 ea | 210 |
| DermaTox® 64oz Spray Refill | | | | | |
| 2016-12 | 12 Refills | \$744.90 | \$409.70 | \$34.14 ea | 4100 |
| 2016-6 | 6 Refills | \$446.94 | \$245.82 | \$40.97 ea | 2460 |
| 2016-3 | 3 Refills | \$248.30 | \$136.57 | \$45.52 ea | 1370 |
| 2016-1 | 1 Refill | \$124.15 | \$68.28 | \$68.28 ea | 690 |
| DermaTox® Ointment | | | | | |
| 2032-12 | 12 Ointments | \$344.64 | \$189.55 | \$15.80 ea | 1900 |
| 2032-6 | 6 Ointments | \$206.78 | \$113.73 | \$18.96 ea | 1140 |
| 2032-3 | 3 Ointments | \$114.88 | \$63.18 | \$21.06 ea | 640 |
| 2032-1 | 1 Ointments | \$57.44 | \$31.59 | \$31.59 ea | 320 |



"I have used this for years. It is a must have for me! It is good for so many things. In the bath, I use it to keep my ears open, for pain, itch. I use it as a facial toner, on bug bites, injuries, clears any skin irritation! I could go on and on. I love the 'pink stuff.'" - S. Riffle



Rejuv Vitamin C Serum

Powerful Anti-Aging Benefits

The first signs of aging are commonly observed in our skin, caused by the breakdown of collagen. Rejuv Vitamin C Serum includes a special form of vitamin C bound to glycerin shown to improve ceramide synthesis in skin which in turn helps strengthen your skin's surface against moisture loss & support new collagen and elastin. It is vital nutrition for aging skin.

- Improves appearance of aged & fragile skin
- Hydrating—it helps skin to retain more moisture
- Helps visibly fade hyperpigmentation, age spots & melasma
- Safe & effective for the entire body, not only the face & neck

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 6012-12 | 12 Bottles | \$379.50 | \$208.73 | \$17.39 ea | 2090 |
| 6012-6 | 6 Bottles | \$227.70 | \$125.24 | \$20.87 ea | 1260 |
| 6012-3 | 3 Bottles | \$126.50 | \$69.58 | \$23.19 ea | 700 |
| 6012-1 | 1 Bottle | \$63.25 | \$34.79 | \$34.79 ea | 350 |

From
\$17.39
ea

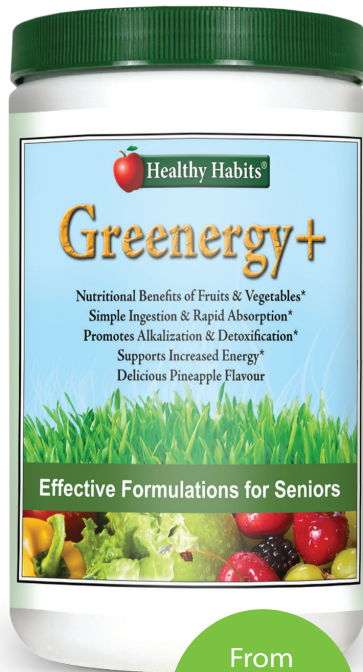


UP TO
67% OFF
ALL PRODUCTS

Greenenergy+

Cleanse Your Blood & Nourish Your Body

For optimal health and consistent high energy, our bodies benefit from daily detoxification. Green foods contain chlorophyll (stored sunlight) which helps red blood cells deliver oxygen throughout the body. One result of improved oxygenation is the elimination of toxins. Experts agree that daily supplementation with a chlorophyll-rich superfoods powder, such as our new and improved Greenenergy+, is an effective and affordable way to help your body to gently eliminate toxins. Greenenergy+ provides significantly more than just greens. It is loaded with concentrated and easily assimilated nutrition from fruits, vegetables (such as beet root powder), tonic herbs, cell-protective antioxidants, plant-sourced enzymes, and probiotics to support your healthy gut, your immune system, and a more cheerful disposition. Greenenergy+ is an ideal tonic to start your morning, or as a mid-afternoon pick-me-up. It is nearly impossible to obtain such high-quality nutrition from eating normal meals. Plus, Greenenergy+ is delicious!



From
\$24.05 ea

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1269-12 | 12 Bottles | \$524.64 | \$288.55 | \$24.05 ea | 2890 |
| 1269-6 | 6 Bottles | \$314.78 | \$173.13 | \$28.86 ea | 1740 |
| 1269-3 | 3 Bottles | \$174.88 | \$96.18 | \$32.06 ea | 970 |
| 1269-1 | 1 Bottle | \$87.44 | \$48.09 | \$48.09 ea | 490 |

Chlorophyll Liquid

Detoxifies Your Cells & Eliminates Body Odors

Just ½ dropper daily gives you a meaningful 100 mg of high quality chlorophyll fortified with BioVitale-H2O®. Add 1 dropper to a glass of water and enjoy it's light, sweet lemon mint flavor.

Studies Suggest That Chlorophyll Liquid Helps:

- Increase oxygenation
- Promote natural blood cleansing.
- Naturally chelates heavy metals from the Body
- Alkalinize the body
- Eliminate toxins From the body
- Promote a strong immune system
- Support the digestive system
- Deodorize the body & bowel
- Energize & strengthens cells



From
\$15.80 ea

"I love this product. It's easy to take, and my insides just "feel" better when I take it. It also helps waste not smell quite so bad! I will never stop taking this as long as I can afford it. It's a wonderful product." - C. Parkinson, OH

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1274-12 | 12 Bottles | \$344.64 | \$189.55 | \$15.80 ea | 1900 |
| 1274-6 | 6 Bottles | \$206.78 | \$113.73 | \$18.96 ea | 1140 |
| 1274-3 | 3 Bottles | \$114.88 | \$63.18 | \$21.06 ea | 640 |
| 1274-1 | 1 Bottle | \$57.44 | \$31.59 | \$31.59 ea | 320 |

KinoTox® Pads

BEST SELLER

Cleanse While You Sleep

We all have hundreds of man-made chemicals in our bodies, much of which our normal healthy elimination processes cannot adequately remove. Nearly everything we are exposed to contributes to this toxic load.

Toxins undermine our health by stressing our cellular, biochemical, and organ functions. As toxins continue to accumulate, they can trigger the breakdown of our immune system and major organs. Unfortunately, toxins are unavoidable. They pose a serious threat to the quality of our health.

For effective natural immunity and optimal health, the body needs to maintain a balance between absorption of nutrients and excretion of wastes and toxins. Common sense indicates that the sooner we remove naturally excreted toxins through the skin the better it is for our immunity and health.

KinoTox Promise

KinoTox® Pads expedite the absorption through the skin of naturally excreted toxins. Healthy Habits was first to import pads with this formula over 15 years ago and they remain one of our top reordered products because they work!

Ingredients

Agaricus Mushroom, Eucalyptus Tree Vine Vinegar, Bamboo Vinegar, Tourmaline, Chitosan, Saururus Chininsus, Houltuynia Cordata, Oak Vinegar. Each box contains 10 pads.

WARNING: Avoid cheap & worthless copycat products

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 2004-12 | 12 Boxes | \$413.64 | \$227.50 | \$18.96 ea | 2280 |
| 2004-6 | 6 Boxes | \$248.18 | \$136.50 | \$22.75 ea | 1370 |
| 2004-3 | 3 Boxes | \$137.88 | \$75.83 | \$25.28 ea | 760 |
| 2004-1 | 1 Boxes | \$68.94 | \$37.92 | \$37.92 ea | 380 |



From
\$18.96 ea



"I have used KinoTox Pads on my husband and myself for a few days now. I feel more energetic and I am amazed! I have six grandkids and I was able to walk for miles, cook dinner, and still have energy to spare!" - M.G., NJ

Premium Multi-Collagen Peptides

Repair and Rejuvenate by Replacing Lost Collagen!

Experts recognize collagen as the closest thing we have to a "fountain of youth". Our joints, connective tissues, muscles, fascia, hair, skin, nails, teeth, gums, bones, and even the cornea of our eyes are comprised of this essential protein.

Collagen peptides signal the body to manufacture more collagen and hyaluronic acid—a natural substance that supports joint lubrication and enhanced hydration throughout the body.

Our unflavored Premium Multi-Collagen Peptides powder contains all five types of collagen, sourced from beef, chicken, fish, and eggshell membrane - nourishing all areas of your body at the same time.

This product is sourced from non-GMO, pasture-raised, cage-free, and cruelty-free sources.

- Weight loss & enhanced metabolism*
- Improves sleep quality*
- Joint function & cartilage integrity*
- Speeds healing and recovery from injury*

From
\$26.94 ea



| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1048-12 | 12 Bottles | \$449.70 | \$247.34 | \$20.61 ea | 2480 |
| 1048-6 | 6 Bottles | \$269.82 | \$148.40 | \$24.73 ea | 1490 |
| 1048-3 | 3 Bottles | \$149.90 | \$82.45 | \$27.48 ea | 830 |
| 1048-1 | 1 Bottle | \$74.95 | \$41.22 | \$41.22 ea | 420 |

Natural Cleanse +

Fix Your Digestive Health

Proven effective & safe, this product is an all-natural alternative to pharma drugs and laxatives. The secret is 4 key synergistic plant ingredients that have been used for 100's of years to improve digestive health.

- **Detoxify Colon, Liver, and Gallbladder**
- **Improve Digestive Tract Health**
- **Increase Energy**
- **Improve Over-all Gut Health**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1259-12 | 12 Bottles | \$275.64 | \$151.60 | \$12.63 ea | 1520 |
| 1259-6 | 6 Bottles | \$165.38 | \$90.96 | \$15.16 ea | 910 |
| 1259-3 | 3 Bottles | \$91.88 | \$50.53 | \$16.84 ea | 510 |
| 1259-1 | 1 Bottle | \$45.94 | \$25.27 | \$25.27 ea | 260 |



"This product is amazing! It does its job without any discomfort! I've tried many other products and have never gotten these speedy, cramp free results! I give it the highest marks I can!" - D. McIntyre

Prostate Maxum

Support & Protection for a Healthy Prostate

Prostate Maxum delivers a comprehensive natural formulation of herbs, vitamins, amino acids, beta-sitosterol, mushrooms, & minerals designed to support healthy prostate function, including healthy urinary flow. Also helps support healthy prostate-specific antigen (PSA) levels. Research has shown this combination of ingredients to be safe and effective.

- **Decrease Frequent Bathroom Trips**
- **Improve Urine Flow & Stream**
- **Reduce Frequent Urges to Urinate**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1054-12 | 12 Bottles | \$413.64 | \$227.50 | \$18.96 ea | 2280 |
| 1054-6 | 6 Bottles | \$248.18 | \$136.50 | \$22.75 ea | 1370 |
| 1054-3 | 3 Bottles | \$137.88 | \$75.83 | \$25.28 ea | 760 |
| 1054-1 | 1 Bottle | \$68.94 | \$37.92 | \$37.92 ea | 380 |



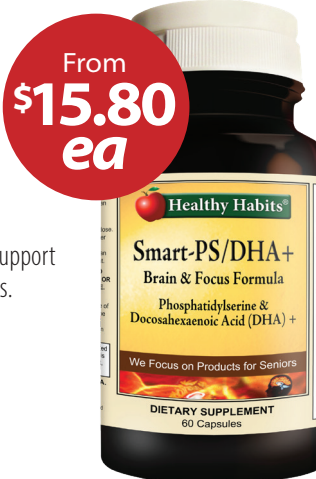
Smart-PS/DHA+

Brain & Focus Formula

A powerful blend of botanicals, antioxidants, vitamins, minerals, amino acids and specialized nutrients with only one goal in mind: to support healthy brain function so that you retain your long-and short-term memory for the rest of your life.

Formulated to deliver nutrients proven to benefit brain function and support healthy blood sugar levels—a major factor in age-related memory loss.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1026-12 | 12 Bottles | \$344.64 | \$189.55 | \$15.80 ea | 1900 |
| 1026-6 | 6 Bottles | \$206.78 | \$113.73 | \$18.96 ea | 1140 |
| 1026-3 | 3 Bottles | \$114.88 | \$63.18 | \$21.06 ea | 640 |
| 1026-1 | 1 Bottle | \$57.44 | \$31.59 | \$31.59 ea | 320 |



Probiotic 14+ Super Strains

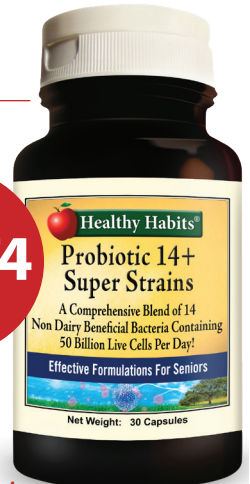
For a Strong Foundation to Your Healthy Body

Achieve optimal digestion, mood & immunity. One daily capsule provides your digestive tract with an army of 50 billion live bacteria! Our previous formula was effective with four essential strains; but our new formula is a powerhouse delivering a premium blend of 14 strains of some of the most health-supporting and shelf-stable species, formulated to give you dependable results. The + represents the high quality 'prebiotic' we added to keep the good bacteria alive. You can count on Healthy Habits® to deliver the potency and effectiveness you depend on.

Some of the many benefits include:

- **Healthy Immunity & Digestion**
- **Yeast & Fungus Control**
- **Happier Mood & Disposition**
- **Reduced Risk of Frailty**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1136-12 | 12 Bottles | \$539.70 | \$296.84 | \$24.74 ea | 2970 |
| 1136-6 | 6 Bottles | \$323.82 | \$178.10 | \$29.68 ea | 1800 |
| 1136-3 | 3 Bottles | \$179.90 | \$98.95 | \$32.98 ea | 990 |
| 1136-1 | 1 Bottle | \$89.95 | \$49.47 | \$49.47 ea | 500 |



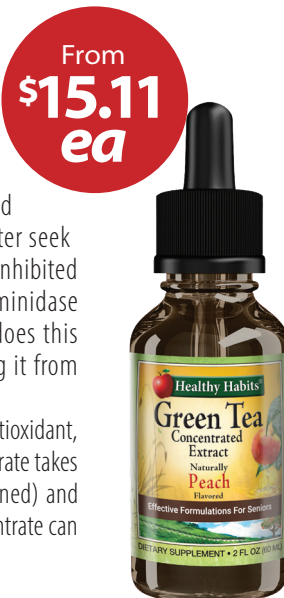
"I Think It's The Best Thing For Getting The Bad Bacteria Out And Keeping The Good Bacteria In..." - G. Martin

Green Tea Concentrate Peach

Healthy Habits Green Tea Concentrate contains powerful, naturally occurring compounds called catechins—a type of flavonoid and antioxidant that boosts the body's immune system so it can better seek out and destroy viruses. Studies have reported that tea catechins inhibited influenza viral adsorption and suppressed replication and neuraminidase activity. They were also effective against some cold viruses. It does this by bonding itself to the cell and disrupting the virus, preventing it from replicating itself.

Our unique tea drops deliver 40% ECGC, known to have cytotoxic, antioxidant, and anti-inflammatory properties. Added to water, this delicious concentrate takes the place of traditional teas and sodas. It is sugar-free (stevia sweetened) and decaffeinated and has a refreshing natural peach flavor. Green Tea Concentrate can be enjoyed any time day or night.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1206-12 | 12 Bottles | \$329.70 | \$181.34 | \$15.11 ea | 1820 |
| 1206-6 | 6 Bottles | \$197.82 | \$108.80 | \$18.13 ea | 1090 |
| 1206-3 | 3 Bottles | \$109.90 | \$60.45 | \$20.15 ea | 610 |
| 1206-1 | 1 Bottle | \$54.95 | \$30.22 | \$30.22 | 310 |



"Tastes delicious. I add it to my water or tea. I offered it to friends as a hot or cold tea. They noticed they had a surge in energy which lasted for hours!" - M. Liptak

UP TO
67% OFF
ALL PRODUCTS

New and Improved Formulas

Everything you Know & Love about our old version + MORE!

NitrOx Maxum

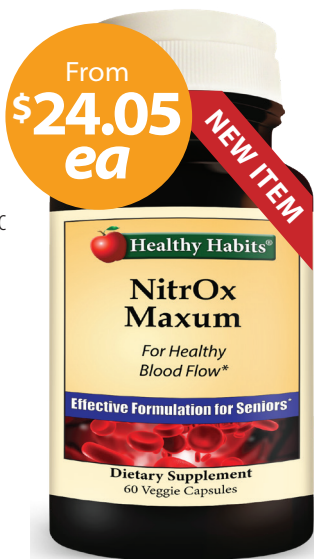
Maximum Strength Nitric Oxide Precursor

Nitric oxide (NO) is one of the most important molecules for blood vessel health because it increases blood flow. A deficiency of Nitric Oxide can contribute to:

- Poor Memory
- Erectile Dysfunction
- High Blood Pressure
- Low Endurance
- Depression
- Impaired Lung Function
- Fatigue
- Decreased Heart Function
- Anxiety
- Irritability
- Asthma
- Muscle soreness
- Thin Bones
- Decreased insulin sensitivity

Healthy Habits' new NitrOx Maxum is one of the most powerful NO products you will find anywhere. We suggest that you take just one capsule in the morning, *no more than 3-4 days per week*. People who weigh over 200 lbs. can experiment with 2 capsules, but one should be adequate for most people.* Those who weigh less than 150 lbs. may want to experiment with ½ capsule to start. When taken as directed, NitrOx Maxum may be exactly what you have been looking for in order to perform and feel your very best. Be sure to let us know how it works for you.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 6006-12 | 12 Bottles | \$524.64 | \$288.55 | \$24.05 ea | 2890 |
| 6006-6 | 6 Bottles | \$314.78 | \$173.13 | \$28.86 ea | 1740 |
| 6006-3 | 3 Bottles | \$174.88 | \$96.18 | \$32.06 ea | 970 |
| 6006-1 | 1 Bottle | \$87.44 | \$48.09 | \$48.09 ea | 490 |



* Excessive NO is undesirable, and side effects of too much may include temporary confusion, sweating, blurred vision, unusual weakness or fatigue, dizziness, lightheadedness or feeling faint.

Daily Essential Magnesium

The Most Important Mineral for Seniors

Magnesium (Mg) is essential for the healthy function of your heart, brain, liver, plus every muscle and nerve, and over 300 processes throughout your body! Most people are Mg deficient, even when they are supplementing with Mg-- due to taking the wrong kind. The cheap forms of Mg found in most drug store brands are almost useless. Often, Mg is combined with calcium in a formula for bones, but calcium competes with magnesium for absorption when taken together, so the magnesium is mostly excreted. Daily Essential Magnesium was created with three of the best assimilated forms of Mg: the glycinate, citrate, and malate delivery systems, plus vitamin B6 to boost your assimilation even more.

- Muscle cramping
- Fading memory
- Neck & back pain
- Osteoporosis
- High blood pressure
- Headaches
- Chronic Fatigue
- Anxiety

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 6010-12 | 12 Bottles | \$298.80 | \$164.34 | \$13.70 ea | 1650 |
| 6010-6 | 6 Bottles | \$179.28 | \$98.60 | \$16.43 ea | 990 |
| 6010-3 | 3 Bottles | \$99.60 | \$54.78 | \$18.26 ea | 550 |
| 6010-1 | 1 Bottle | \$49.80 | \$27.39 | \$27.39 ea | 280 |



Nerve Revitalizer

Supports Healthy Nerve Sensation

If you experience numbness, tingling, burning, or stabbing sensations in your hands or feet, you may have nerve damage. Nerve Revitalizer is formulated with nutrients, antioxidants and herbs that support healthy nerves, blood vessels, and synaptic responses. It takes years to damage your nerves to the extent that you develop these symptoms, so relieving them requires some patience and commitment. For stubborn cases, add Daily Essential Magnesium to your daily regimen.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 6022-12 | 12 Bottles | \$539.70 | \$296.84 | \$24.74 ea | 2970 |
| 6022-6 | 6 Bottles | \$323.82 | \$178.10 | \$29.68 ea | 1790 |
| 6022-3 | 3 Bottles | \$179.90 | \$98.95 | \$32.98 ea | 990 |
| 6022-1 | 1 Bottle | \$89.95 | \$49.47 | \$49.47 ea | 500 |



Blood Fruit (Capsules)

Fast Acting Blood Flow Breakthrough

The primary cause of poor circulation is the clumping together of platelets in the blood. Maintaining healthy blood platelets is essential for healthy blood flow and avoiding dangerous abnormal blood clots. Blood Fruit with Fruitflow® supports healthy blood flow by preventing blood platelets from sticking together.

Since 1999 multiple studies have demonstrated the safety & effectiveness of Fruitflow®. It starts to work within 90 minutes. Take once daily to ensure the maintenance of continuous normal platelet aggregation. Studies show that prolonged use does not result in adverse effects, allergic reactions, or an increased risk of bleeding. Safe and effective for long-term daily use.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1103-12 | 12 Bottles | \$413.64 | \$227.50 | \$18.96 ea | 2280 |
| 1103-6 | 6 Bottles | \$248.18 | \$136.50 | \$22.75 ea | 1370 |
| 1103-3 | 3 Bottles | \$137.88 | \$75.83 | \$25.28 ea | 760 |
| 1103-1 | 1 Bottle | \$68.94 | \$37.92 | \$37.92 ea | 380 |



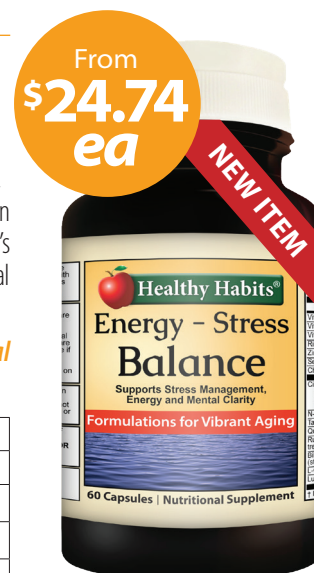
Energy - Stress Balance

Comprehensive Stress Management

Energy - Stress Balance is designed to support and nourish the body's primary stress-modulating systems that regulate homeostasis & overall well-being. This effective formula includes organic Ashwagandha, GABA, L-Theanine, Rhodiola, organic Maca, Chamomile, specific B vitamins, vegan DHA, and other nutrients to support healthy adrenal glands and your body's endocannabinoid system. (It does NOT contain cannabis.) Include Daily Essential Magnesium for optimal results.

- Supports Adrenal Health
- Stress & Energy Support
- Cognitive & Mental Clarity Support

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 6030-12 | 12 Bottles | \$539.70 | \$296.84 | \$24.74 ea | 2970 |
| 6030-6 | 6 Bottles | \$323.82 | \$178.10 | \$29.68 ea | 1800 |
| 6030-3 | 3 Bottles | \$179.90 | \$98.95 | \$32.98 ea | 990 |
| 6030-1 | 1 Bottle | \$89.95 | \$49.47 | \$49.47 ea | 500 |



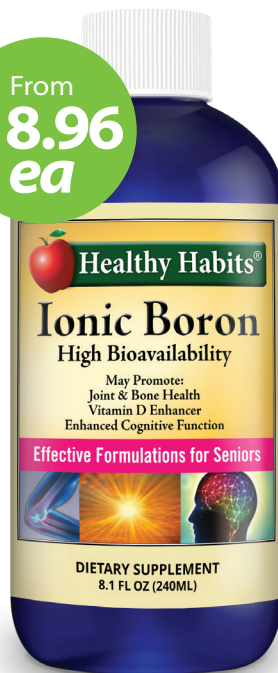
Ionic Boron (liquid)

Boosts Brain Health & Much More

Studies show profound benefits from Ionic Boron supplementation such as: normalizes sex hormones testosterone & estradiol, improves cognitive function. Also Increases vitamin D3 levels; helpful for osteoarthritis, osteoporosis & kidney stones. Improves magnesium absorption and insulin metabolism; Acts as a fungicide & more. It's a fact that much of our soil has been stripped of nutrients. In places where boron is abundant in the soil (like Israel), people are far healthier. Regular supplementation of Ionic Boron may change your life! Each bottle is a 3-month supply.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1053-12 | 12 Bottles | \$413.64 | \$227.50 | \$18.96 ea | 2280 |
| 1053-6 | 6 Bottles | \$248.18 | \$148.91 | \$24.82 ea | 1490 |
| 1053-3 | 3 Bottles | \$137.88 | \$82.73 | \$27.58 ea | 830 |
| 1053-1 | 1 Bottle | \$68.94 | \$41.36 | \$41.36 ea | 420 |

From
\$18.96
ea



Omega-3 Fish Oil

Essential fatty acids, which include omega-3 and omega-6, are vital and support overall health. They are required for the proper function of the heart, nervous system, cell membranes, vision, brain, and skin, as well as for hormone production, energy metabolism, and joint health. Omega-6 fats are easily obtained in the diet, but anti-inflammatory omega-3 fats are not.

Daily supplementation of PureFect Omega-3 Fish Oil soft gels will provide the omega-3 your body and brain require. Taken with a meal they directly assist fat soluble vitamins (such as D3 and K2) to be assimilated properly to provide maximum benefits.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|---------|----------------|------------------|------------|
| 5431-12 | 12 Bottles | \$59.70 | \$32.84 | \$2.74 ea | 330 |
| 5431-6 | 6 Bottles | \$35.82 | \$19.70 | \$3.28 ea | 200 |
| 5431-3 | 3 Bottles | \$19.90 | \$10.95 | \$3.65 ea | 110 |
| 5431-1 | 1 Bottle | \$9.95 | \$5.47 | \$5.47 ea | 60 |

From
\$2.74
ea



Ionic Silica (liquid) Collagen Booster

Create Your Own Collagen

Ionic Silica is essential for proper collagen production (and more!) inside your body. People over 40 should supplement daily with highly absorbable Ionic Silica to look & feel more youthful. Ionic Silica is 98% assimilable for optimal bio-availability. For better & faster results, Ionic Silica Collagen Booster partners perfectly with Premium Multi-Collagen Peptides. Vegan-friendly.

- **Beautiful, hydrated, and healthy-looking skin**
- **Strong and healthy bones, nails, hair, teeth, and gums**
- **Maintains and repairs cartilage and promotes joint health**
- **Strong and flexible connective tissues**
- **Faster healing from injuries**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1051-12 | 12 Bottles | \$413.64 | \$227.50 | \$18.96 ea | 2280 |
| 1051-6 | 6 Bottles | \$248.18 | \$148.91 | \$24.82 ea | 1490 |
| 1051-3 | 3 Bottles | \$137.88 | \$82.73 | \$27.58 ea | 830 |
| 1051-1 | 1 Bottle | \$68.94 | \$41.36 | \$41.36 ea | 420 |

From
\$18.96
ea



Aloe Relief

Organic Whole Leaf Aloe Juice

Aloe Vera is a one of the most respected & valued plant medicines in the world. It is an effective natural pain reliever & tissue healer. The whole leaf delivers more than 75 known active components.

One of these is salicylic acid, which has been shown to disrupt the production of inflammation-causing hormones & provides an analgesic effect, thereby reducing pain. It contains healing enzymes, including bradykinase, which inactivates a chemical that contributes to chronic pain and inflammation. It also naturally inhibits COX-2, an enzyme that causes inflammation. Digestive health is another area where relief may be quickly evident, according to clinical studies on patients with stomach ulcers & other ailments involving inflammation of the gastrointestinal tract. It is frequently used to soothe heartburn, too.

In many parts of the world aloe vera is a traditional remedy for diabetes mellitus. Studies show that whole leaf aloe vera gel may safely decrease & control blood glucose levels & sugar spikes in people with Type 2 diabetes & pre-diabetes.

Aloe Relief from Healthy Habits® is organically grown & preservative-free, making it the highest quality aloe product available!

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1079-12 | 12 Bottles | \$380.34 | \$209.19 | \$17.43 ea | 2100 |
| 1079-6 | 6 Bottles | \$228.20 | \$125.51 | \$20.92 ea | 1260 |
| 1079-3 | 3 Bottles | \$126.78 | \$69.73 | \$23.24 ea | 700 |
| 1079-1 | 1 Bottle | \$63.39 | \$34.86 | \$34.86 ea | 350 |

From
\$17.43
ea



GH3 Maxum

Look Younger & Feel Younger

Feel and look younger, happier, & healthier with GH3 Maxum, a natural version of the world renowned Gerovital H3 (GH3) from Romania. Our customers report fantastic results and confidently reorder this product year after year. GH3 Maxum supports healthy aging with ingredients designed to mimic the metabolites of Dr. Aslan's original version. Healthy Habits® proprietary GH3 Maxum formula offers additional benefits of supercharged antioxidants, amino acids, & essential vitamins & minerals. Give GH3 Maxum at least a 3-month period of use before making a final judgment. A 6-month evaluation is even better; it takes time for the body to go through its "cell regeneration" process to support healthy longevity.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1160-12 | 12 Bottles | \$449.70 | \$247.34 | \$20.61 ea | 2480 |
| 1160-6 | 6 Bottles | \$269.82 | \$148.40 | \$24.73 ea | 1490 |
| 1160-3 | 3 Bottles | \$149.90 | \$82.45 | \$27.48 ea | 830 |
| 1160-1 | 1 Bottle | \$74.95 | \$41.22 | \$41.22 ea | 420 |

From
\$20.61
ea



PureFect Beetroot

PureFect Beetroot capsules are a perfect daily superfood; and you don't need much. Just two capsules taken once a day can have beneficial effects on your energy level, blood flow, and liver. May help support:

- **Supports Healthy Blood Pressure**
- **Improves Physical Performance**
- **Aids Healthy Circulation**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1087-12 | 12 Bottles | \$275.64 | \$151.60 | \$12.63 ea | 1520 |
| 1087-6 | 6 Bottles | \$165.38 | \$90.96 | \$15.16 ea | 910 |
| 1087-3 | 3 Bottles | \$91.88 | \$50.53 | \$16.84 ea | 510 |
| 1087-1 | 1 Bottle | \$45.94 | \$25.27 | \$25.27 ea | 260 |

BEST SELLER

From
\$12.63
ea



Vision Max Plus

Nutritional Support for Your Eyes~ Essential for All Adults

To maintain good vision, specific nutrients are needed at higher levels than the RDAs. This is according to National Eye Institute studies funded by the U.S. government. Improved Vision Max nourishes the eyes with an effective blend of vitamins A, C, & E, NAC, quercetin, zinc, copper, alpha lipoic acid, eyebright, lutein, & zeaxanthin and more-- in effective doses for optimal eye health. Vision Max helps support all eye health issues & is a customer favorite. You will see the difference.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1034-12 | 12 Bottles | \$449.70 | \$247.34 | \$20.61 ea | 2480 |
| 1034-6 | 6 Bottles | \$269.82 | \$148.40 | \$24.73 ea | 1490 |
| 1034-3 | 3 Bottles | \$149.90 | \$82.45 | \$27.48 ea | 830 |
| 1034-1 | 1 Bottle | \$74.95 | \$41.22 | \$41.22 ea | 420 |

From
\$26.94
ea



*"Excellent product- definitely helps my eyes."
-D. Williams"*

Striction BP

Combat High Blood Pressure Safely & Affordably

StrictionBP is a clinically focused heart health supplement that was developed to deliver an all-natural option to people that want to effectively combat high blood pressure in an inexpensive manner.

The primary active ingredient is the active compound that's found within Ceylon cinnamon. It's both antioxidant-rich and a fantastic daily supplement for promoting a healthy inflammation response in the body. To maximize the heart health benefits of StrictionBP we combined the Ceylon Cinnamon with Magnesium and Vitamin B6. This gives StrictionBP an unprecedented 1-2-3 knock-out punch to High Blood Pressure.

Supports Comprehensive Heart Health including Healthy:

- **Systolic & Diastolic Pressure**
- **Cholesterol & Blood Sugar**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 0485-12 | 12 Bottles | \$419.70 | \$230.84 | \$19.24 ea | 2310 |
| 0485-6 | 6 Bottles | \$251.82 | \$138.50 | \$23.08 ea | 1390 |
| 0485-3 | 3 Bottles | \$139.90 | \$76.95 | \$25.65 ea | 770 |
| 0485-1 | 1 Bottle | \$69.95 | \$38.47 | \$38.47 ea | 390 |



From
\$19.24
ea



"Love the product my blood pressure is normal & I lost weight using it! I would recommend using StrictionBP to my Friends!" - A. Tulino

*"Blood pressure is going down."
M. Yates 04/12/2020*

"Worked right away." J. Cardwell 04/04/2020

Protein Cake Mixes

Delicious - Moist - Protein Fortified

Now available in Chocolate and Vanilla flavors!

Our new gluten-free, keto-friendly all-natural mixes contain a blend of whey, almond, and flax proteins for extra protein (15g/serving), 8g of fiber including prebiotic fiber from inulin and flax, & only 2 tiny grams of coconut sugar/serving. The blend of protein powders replaces wheat flour; monk fruit & erythritol are the sweeteners.

Not only are these cakes moist & seriously delicious, but they are also guilt-free because "They satisfy your sweet tooth without elevating blood sugar!"

The combination of protein & fiber increases leptin levels naturally, resulting in appetite suppression & inhibited fat storage. Each package makes six servings.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|--------------------------------------|-------------|----------|----------------|------------------|------------|
| Classic Yellow Cake - Vanilla | | | | | |
| 1049-12 | 12 Packages | \$103.92 | \$57.16 | \$4.76 ea | 580 |
| 1049-6 | 6 Packages | \$62.35 | \$34.29 | \$5.72 ea | 340 |
| 1049-3 | 3 Packages | \$34.64 | \$19.05 | \$6.35 ea | 190 |
| 1049-1 | 1 Package | \$17.32 | \$9.53 | \$9.53 ea | 95 |



From
\$4.76
ea

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|--------------------------|-------------|----------|----------------|------------------|------------|
| Velvety Chocolate | | | | | |
| 1050-12 | 12 Packages | \$103.92 | \$57.16 | \$4.76 ea | 580 |
| 1050-6 | 6 Packages | \$62.35 | \$34.29 | \$5.72 ea | 340 |
| 1050-3 | 3 Packages | \$34.64 | \$19.05 | \$6.35 ea | 190 |
| 1050-1 | 1 Package | \$17.32 | \$9.53 | \$9.53 ea | 95 |

7 Speak with a live Customer Service Representative
Call: 800.604.6766

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

CoQ10 Ubiquinone

Essential Heart Fuel for People Over 30

Few nutrients are as vital to your heart and health as Coenzyme Q10 (CoQ10). It is used by the mitochondria ("power plants") of your cells to produce cellular energy, and also acts as a powerful antioxidant. It makes sense that the highest concentrations of CoQ10 are found in the heart and the other organs that never rest, since they need it most. As we age, our reserves of this vital nutrient rapidly decline. You will likely notice more energy and stamina, improved periodontal health, and overall improvement in how you feel. One capsule provides 200 mg. of the best-researched form of CoQ10.

CoQ10 Ubiquinone Supports:

- **Improved insulin sensitivity**
- **Improved energy & stamina**
- **Essential for People Taking Statin Drugs**
- **A healthy heart and brain**
- **Protection of lung tissue**
- **Improved periodontal health**
- **Improved exercise performance & much more**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1028-12 | 12 Bottles | \$344.64 | \$189.55 | \$15.80 ea | 1900 |
| 1028-6 | 6 Bottles | \$206.78 | \$113.73 | \$18.96 ea | 1140 |
| 1028-3 | 3 Bottles | \$114.88 | \$63.18 | \$21.06 ea | 640 |
| 1028-1 | 1 Bottle | \$57.44 | \$31.59 | \$31.59 ea | 320 |

From
\$15.80
ea



NOTE: If you're taking a statin drug be sure to add CoQ10 to your regimen since statins block CoQ10 production in the liver.

Striction D

Healthy Blood Sugar Formula

Striction D is a clinically focused blood sugar management supplement that was developed to deliver an all-natural option to people that want to effectively combat diabetes in an inexpensive manner.

The primary active ingredient is the active compound that's found within Ceylon cinnamon. Over and above its ability to combat diabetes - it's also antioxidant-rich and a fantastic daily supplement for promoting a healthy inflammation response in the body. To maximize the benefits of Striction D we added our proprietary formulation of Crominex3+, GlucoHelp, Zinc and Thiamine - all of which when combined give Striction D an unprecedented knock-out punch to unhealthy blood sugar levels.

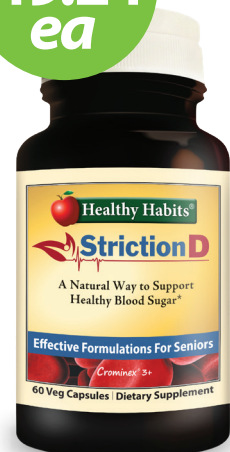
Ingredients in Striction D support:

- **Healthy Blood Sugar Levels***
- **Improved Insulin Response***
- **Healthy Cholesterol Levels***
- **Overall Cardio Health***
- **Healthy Metabolism***

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 0885-12 | 12 Bottles | \$419.70 | \$230.84 | \$19.24 ea | 2310 |
| 0885-6 | 6 Bottles | \$251.82 | \$138.50 | \$23.08 ea | 1390 |
| 0885-3 | 3 Bottles | \$139.90 | \$76.95 | \$25.65 ea | 770 |
| 0885-1 | 1 Bottle | \$69.95 | \$38.47 | \$38.47 ea | 390 |



From
\$19.24
ea



Nattokinase NSP-2™

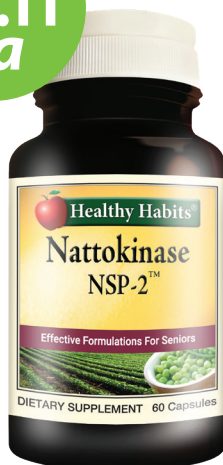
Japanese Secret to Better Blood Flow

The Japanese have been eating Natto (fermented soybeans) for nearly 1000 years. Natto has long been recognized as one of Japan's most unique traditional health foods. Highly nutritious and rich in protein, it is often eaten with cooked rice. For centuries, Natto has been made using a specialized fermentation process by adding beneficial bacteria, Bacillus Natto to soybeans. Fermentation enhances the nutrition of soybeans and develops a unique flavor and texture.

Natto's natural enzyme, nattokinase was discovered at University of Chicago in 1980. Dr. H. Sumi discovered a high activity of blood clot dissolving enzyme (Nattokinase) in the sticky portion of the Natto. Within the Natto's texture consists a complex of poly-glutamic acid, poly-saccharide and fructan.

Nattokinase has been shown to increase oxygen delivery ability and energy levels, improve memory function, keep blood flowing freely, maintain healthy artery walls and improve overall health. Now the secret is out. You can receive the health benefits that the Japanese have been enjoying for centuries.

From
\$15.11
ea



Caution: Do not take this product if you are also taking warfarin (Coumadin®) or other blood thinning products such as aspirin, or vitamin K antagonistic drugs without first consulting your healthcare professional.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 5430-12 | 12 Bottles | \$329.70 | \$181.34 | \$15.11 ea | 1820 |
| 5430-6 | 6 Bottles | \$197.82 | \$108.80 | \$18.13 ea | 1090 |
| 5430-3 | 3 Bottles | \$109.90 | \$60.45 | \$20.15 ea | 610 |
| 5430-1 | 1 Bottle | \$54.95 | \$30.22 | \$30.22 ea | 310 |

"I can't function without it. This product helps increase the feel in my legs and stop the pains I get in the mornings and at nights. Without it I wouldn't be able to get out of bed. Thank you HH"
—CHERIE G.

"I've been using Nattokinase for years and it has made my vascular system like I'm 12 yrs. old! My blood pressure is perfect every Dr. visit!"
— ANN K.

Active Whey Protein

Delicious Natural Vanilla Flavor Powder

Whey protein powder is an excellent source of protein, surpassing whole egg, soy, beef, casein, or milk in its biological activity in the body and its ability to deposit nitrogen in the muscles. Whey is also a rich source of branched chain amino acids (BCAA) that make up 1/3 of the amino acids in muscle protein.

Whey is the only protein source (besides breast milk) that contains immunoglobulins, which are essential in maintaining immune system function. Our stevia-sweetened, vanilla-flavored, low-fat Active Whey—Protein for Seniors is a high-quality supplement that is formulated to be a highly efficient, rich source of usable protein. Our whey is from milk cows raised in Wisconsin. These cows have access to grazing in fresh pasture and are not treated with rBGH. 18 servings per container.

Active Whey Benefits Include:

- Supports bone health
- Promotes muscle growth
- Enhances digestive health
- Supports healthy immunity



Everyday Value Pricing
Buy 1 (or as many as you'd like)
at this everyday low price



SPECIAL
\$19.98
ea

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|-------|-------------|---------|----------------|-------------------|------------|
| 6016 | 1 Cannister | \$65.90 | \$19.98 | \$19.98 ea | 200 |

Circulation EDTA



Safe & Effective Blood Vessel Support for Over 30 Years

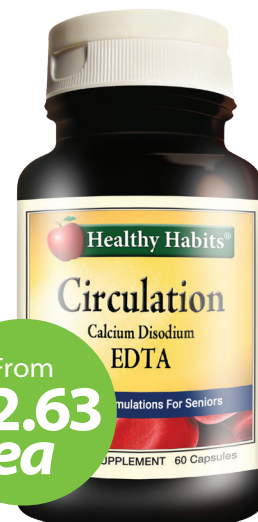
Circulation EDTA has been a top seller for years. It is a proprietary blend of nutrients & herbs that work to support a healthy circulatory system. Every organ and cell in the body needs oxygen and proper nutrition to function well. Healthy blood flow is vitally important.

EDTA is considered one of the greatest health breakthroughs due to its ability to safely flush arterial plaque, toxic heavy metals, and metabolic debris from the blood vessels. When you gently scrub the plaque from your arteries, your heart is able to pump blood efficiently and function properly, thus positively affecting your heart, brain, and vital organs. Supplement daily with trace minerals such as **MINEREX®** to prevent mineral depletion. Two capsules daily provide 800 mg of EDTA.

Increased Blood Circulation Supports:

- Healthy Blood Flow
- Healthy Cardiovascular System
- Healthy Sexual Function
- Healthy Hearing & Vision
- Healthy Energy Levels
- Healthy Brain

From
\$12.63
ea



| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1100-12 | 12 Bottles | \$275.64 | \$151.60 | \$12.63 ea | 1520 |
| 1100-6 | 6 Bottles | \$165.38 | \$90.96 | \$15.16 ea | 910 |
| 1100-3 | 3 Bottles | \$91.88 | \$50.53 | \$16.84 ea | 510 |
| 1100-1 | 1 Bottle | \$45.94 | \$25.27 | \$25.27 ea | 260 |

MINEREX®

Fixes Mineral Deficiency & Imbalance

Estimates are that approx. 90% of Americans suffer from a mineral deficiency or imbalance. When consumed in proper ratios, ionic and trace minerals have a profound effect on your overall health and wellness. Unfortunately, they have become increasingly difficult to consume through your diet due to modern farming techniques that have stripped the soil of most of its minerals and nutrients. Because consuming the proper amounts of essential minerals through your diet is very difficult, you must use a high-quality mineral supplement to restore mineral balance within your body for proper cellular function.

You Won't Find Cheap Metallic Minerals Here

MINEREX® is a complete mineral supplement that combines premium North American plant-based and seabed minerals to provide your body with essential nutrition. Just 2 capsules daily are all it takes to get the full amount of necessary bioavailable trace and ionic minerals. It is easily assimilated, gentle on your system and is designed to deliver results you won't find with cheap metallic colloidal minerals. Supplementing with trace minerals is vital for those taking Circulation w/EDTA.

From
\$26.94
ea



We have been using Minerex® for more than two years and won't want to be without it. - E. Capps

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1044-12 | 12 Bottles | \$587.70 | \$323.24 | \$26.94 ea | 3240 |
| 1044-6 | 6 Bottles | \$352.62 | \$193.94 | \$32.32 ea | 1940 |
| 1044-3 | 3 Bottles | \$195.90 | \$107.75 | \$35.92 ea | 1080 |
| 1044-1 | 1 Bottle | \$97.95 | \$53.87 | \$53.87 ea | 540 |

UP TO
67% OFF
ALL PRODUCTS

BioVitale-H₂O®

Instantly Healthier & Purer Water

There is no pure water. Only at birth, within our cells, is water found in its pure state. However due to exposure to stress, pollutants and radiation water loses its original geometric properties and begins to destabilize. However, water is responsible for all interactions that control cell behavior and ultimately dictates the state of well-being. Water provides the medium to make life-sustaining reactions possible. In short, the chemistry of life is water chemistry.

Healthy Habits® BioVitale-H₂O® is leading edge technology. BioVitale-H₂O® has no competition. There many more molecules in BioVitale-H₂O® water clusters and the clusters have a stronger bond. Considering this, we can begin to see how the unique properties of BioVitale-H₂O® are unparalleled and essential to purifying our body and the environment. Add BioVitale-H₂O® to all fluids consumed.

Benefits of BioVitale-H₂O®:

- **Nutrient Absorption**
- **Healthy Blood Plasma Support**
- **Healthy Brain & Nerve Support**
- **Healthy Cellular Communication Support**
- **Healthy Diffusion & Homeostasis Support**
- **Healthy DNA & Cellular Formation Support**
- **Healthy Intracellular Structure Support**
- **Healthy Molecular Movement Support**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1001-12 | 12 Bottles | \$275.64 | \$151.60 | \$12.63 ea | 1520 |
| 1001-6 | 6 Bottles | \$165.38 | \$90.96 | \$15.16 ea | 910 |
| 1001-3 | 3 Bottles | \$91.88 | \$50.53 | \$16.84 ea | 510 |
| 1001-1 | 1 Bottle | \$45.94 | \$25.27 | \$25.27 ea | 260 |

Healthy Heart & Bones D3 + K2

Immune Support Plus Protection for Heart & Bones

Vitamin D3 is essential for a strong immune system & much more. Better outcomes occur with optimized vitamin D levels (50+ ng/ml in a blood test). Vitamin K2 with D3 assures that calcium is properly distributed.

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 2035-12 | 12 Bottles | \$413.64 | \$227.50 | \$18.96 ea | 2280 |
| 2035-6 | 6 Bottles | \$248.18 | \$136.50 | \$22.75 ea | 1370 |
| 2035-3 | 3 Bottles | \$137.88 | \$75.83 | \$25.28 ea | 760 |
| 2035-1 | 1 Bottle | \$68.94 | \$37.92 | \$37.92 ea | 380 |



From
\$18.96 ea

"A wonderful product! I use it for myself, flowers, in my Keurig and for everything that needs water! I feel good and my plants grow better!! Thank you for this product!!" - S. Riffle

From
\$12.63 ea

Electron Activated Crystalline Structured Water!

BEST SELLER

StemCell Maxum

BEST SELLER

StemCell Maxum is Designed to Prevent Premature Aging

This can help you feel better and look younger. Your cells lose function as you age. Adult stem cells rejuvenate damaged and old tissues, but adult stem cells are growing older, too. Now you can do something about it.

StemCell Maxum is designed to improve the function of your existing stem cells. When an organ or tissue is damaged, it emits natural signals that new cells are needed to replace old or damaged cells. StemCell Maxum supports the adult stem cells that respond to provide healthy new replacement cells.

Scientific research is constantly finding new anti-aging discoveries. Premature biological aging does not need to be our destiny. People are living longer, healthier lives now. Maintaining younger characteristics throughout a long, healthy life could be a reality for everyone. Unlock your anti-aging potential with StemCell Maxum from Healthy Habits®.

StemCell Maxum supports:

- **Adult stem cell rejuvenation***
- **Healthy cardiovascular system***
- **Healthy blood glucose levels***
- **Healthy cholesterol levels***
- **Better learning and focus***
- **Healthy vision***
- **Healthy joints***

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1186-12 | 12 Bottles | \$449.70 | \$247.34 | \$20.61 ea | 2480 |
| 1186-6 | 6 Bottles | \$269.82 | \$148.40 | \$24.73 ea | 1490 |
| 1186-3 | 3 Bottles | \$149.90 | \$82.45 | \$27.48 ea | 830 |
| 1186-1 | 1 Bottle | \$74.95 | \$41.22 | \$41.22 ea | 420 |

"Love this StemCell Maxum. It has helped me in so many ways from blood work normal across the board, varicose veins gone in both legs/ankles to the floaties in my eyes gone and improved eye sight..." - J. Fain

Ecklonia Cava

Better Sleep, Sharper Mind, Healthier Heart

Ecklonia Cava Extract (ECE) is a standardized, organic complex that comes from a species of sea plants found in the clean ocean near S. Korea. Extensive research has revealed that ECE acts as a powerful antioxidant— providing 12 hours of free radical scavenging (compared to 30 minutes for green tea). Because it is fat-soluble, ECE can cross the blood-brain barrier, therefore its cell protective benefits can penetrate deeply into the fatty tissues of the brain and body where much of the toxicity & damaging free radicals hide. Healthy Habits® combines Ecklonia Cava with L-Carnitine & Grape Seed Extract for optimal effectiveness.

Ecklonia Cava Extract Supports:

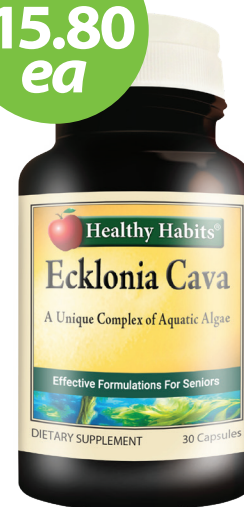
- **Healthy blood glucose levels**
- **Healthy blood flow and vascular flexibility**
- **Healthy cardiovascular system**
- **Healthy brain function**
- **Healthy relaxation and improved response to stress**
- **Improved sleep when taken at bedtime**
- **Healthy histamine response**
- **Healthy liver function**

| Item# | Description | Retail | Sale | Per Unit | VIP Points |
|---------|-------------|----------|-----------------|-------------------|------------|
| 1027-12 | 12 Bottles | \$344.64 | \$189.55 | \$15.80 ea | 1900 |
| 1027-6 | 6 Bottles | \$206.78 | \$113.73 | \$18.96 ea | 1140 |
| 1027-3 | 3 Bottles | \$114.88 | \$63.18 | \$21.06 ea | 640 |
| 1027-1 | 1 Bottle | \$57.44 | \$31.59 | \$31.59 ea | 320 |

From
\$20.61 ea



From
\$15.80 ea



"I use the Ecklonia Cava to balance my pH level; I had a test done by my chiro to test antioxidants, and my levels were way higher after I started taking this" - S. McGregor

